



4-H HEADLINES



OCTOBER 2010

FROM OUR ADVISOR



Exploring the Depths of Our Surroundings: Water and the Environment

Have you ever wondered how you can decrease your use of energy and how to conserve water? What about being curious about the foreign species that live in your neighborhood? Do you ever wonder how water pollution affects wildlife? Perhaps you have had the pleasure and thrill of watching a bald eagle catch a salmon from a local river, or you have enjoyed the smell of the pine trees while on a hike through the woods. Maybe you have felt the softness of moss on your bare feet, relished the taste of a tree-picked piece of fruit, or rested in the colors of desert flowers while enjoying a rich sunset.

These are just some of the magical things that invite to explore nature and tug at our sense of wonder and call to the child inside of us...but often we do not stop long enough to let these experiences lead us into further exploration. As adults, we are more apt to stifle our sense of curiosity. **Well Mark your calendars!!**

The San Bernardino County 4-H Youth Development Program is offering an exciting opportunity for county community leaders, projects leaders, and teen leaders. On December 4, 2010, a 4-H Round Robin Workshop will be offered from 10am to 2pm (free lunch included) to explore 2 new pieces of curriculum. *The There's No New Water!* curriculum is designed for high school age youth, with six sequential learning modules that utilize effective teaching methods for youth and scaffold learners' knowledge and skills. The curriculum begins with an exploration of the natural water cycle; explores human interventions that affect water quality and quantity; examines the effects of the urban/rural interface on water quality and quantity; includes the identification and implementation of service-learning projects that address local water conservation issues; and culminates with a set of activities for younger youth and families designed to be led by teens as teacher.

Exploring your Environment teaches basic ecological concepts that help youth understand how nature works and how we affect it and are affected by it. Because youth are the decision makers of tomorrow, becoming sensitive to the earth's needs through understanding basic ecological principles and engaging in opportunities for stewardship practice, youth will begin to understand how their actions impact the environment and, in turn, how they can make positive choices to be better stewards of the earth and have a voice for change.

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4-H OFFICE CONTACT

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caeggleston@ucdavis.edu
CESANBERNARDINO.UCDAVIS.EDU/4-H_PROGRAM/

OFFICE HOURS:

Monday-Friday, except Holidays
9:00 a.m.—4:00 p.m.
Closed 12:00-1:00 p.m.

STAFF:



Cynthia Barnett
4-H Youth
Development Advisor

Cheryl Eggleston
4-H Program Rep

Halli Aller
4-H Secretary

COUNTY NEWS

NATIONAL 4-H WEEK

What did your club do? Send a note to the 4-H Office and we will include it in our next newsletter?

COUNTY COUNCIL MEETING

The next county council meeting will be held

November 9th at 7:00 pm at the 4-H office. We would love to see a representative from each club there. We will be introducing a new Key/Master Volunteer Program. Come find out what it is all about!

FOOD FIESTA

This year's food fiesta will be held on **November 13th** at the 4-H office. You can download the packet on the county website (cesanbernardino.ucdavis.edu) click on the 4-H Clover and then go to events and Foods Fiesta. If you click on Foods Fiesta, the packet along with entry form will come up.

This year we will have a new class called "Cupcake Wars". You will have a time period to decorate 4 cupcakes and then have them judged. See the flyer in the Foods Fiesta Packet!

Get Cooking!!!!!!

TIC



The California 4-H South Section Teen Involvement Conference (TIC) is a three day youth leadership conference for high school aged 4-H members of the south section. The conference will be held January 14th to the 16th at Pathfinder ranch. Registration packets can be found at our county website: http://cesanbernardino.ucdavis.edu/4-H_Program/Events.htm

As always our county has sweatshirts for this event. The cost is \$25.00 for a hooded pull over and \$30.00 for a zipper. Please let the 4-H Office know if you would like to order a sweatshirt. The orders must be in and paid for by Dec. 15th.

CITIZENSHIP FOCUS GROUPS

California Focus will be June 17-21st. Kamie Champlin will be taking a delegation to Sacramento. The cost is \$480.00 per member and you must be graduated out of 8th grade or older to attend. Contact the 4-H Office if you are interested in attending.

Kelsie Cranford will be taking a delegation to **Washington Focus** in July. The cost for this trip is approx. \$2,000.00 and you must be a sophomore in high school to attend. The next meeting for this group will be Tuesday, Nov. 9th at 6:00 just before County Council Mtg.

YOUTH LEADERSHIP DAY

Youth leadership day was a great success—those members who attended had a great time. Thanks to Gayle and her All-Stars for putting on this event.

LOST AND FOUND

A pair of sunglasses was left at the County Building after we had the Bunko Night. If you know of someone missing their sunglasses, please call the 4-H Office!

COUNTY NEWS CONTINUED

SAVE THE DATE

Yearly Science/Engineering/Technology Workshops

This year it will be at Mt. San Antonio College on Feb 5, 2011. Curriculum training will be Exploring your Environment* (Cynthia Barnett), Biosecurity for Animal Science* (Martin Smith), and TechXcite Engineering (Keith Nathaniel).

TEEN COUNCIL NEWS

Teen Council held their annual meeting on October 9th; election of officers was held with congratulations going to Kaitlyn McDonald, president; John Kane, vice president; Janet Champlin, secretary; Amber Meek, treasurer; Jenny McDonald and Sean Zumfelde as reporters.

It was reported that there was a \$675.00 profit on Bunko Night with a big thank you to everyone who helped make the evening successful. These monies are to be used to assist with the expenses for Teen Involvement Conference including chaperone support and to help pay the expenses for the nurse. TIC applications are on line at the county website and remember, the price goes up on December 15th. Teen council is also offering small scholarships. Applications for scholarships are due December 1st. The applications will be reviewed by an adult committee and will be processed discreetly. Applications are available from the 4-H office.

Sweatshirts are also available for TIC. This year they will be Carolina Blue with white imprint. Please contact the 4-H office if you want to order one. Last day to order is December 15th. The price will remain, \$25.00 for pull over and \$30.00 for zip front.

Teen Council is selling See's candy to off-set the expense of Winter Camp. This year the camp will be held March 4 – 6, space is limited so make your reservations as this is a first come first serve camp.

ACHIEVMENT NIGHT MEMORY VIDEO

For those of you who ordered a copy of the Memory Video at Achievement Night, they are in! You can pick them up at the 4-H Office. They will be available anytime, but a good time to get them would be at County Council on Nov. 9th. Just let your Club representative know that you ordered one and we will give them to him/her. Any questions, please let us know.

JR/TEEN LEADER REPORTS

All Junior and Teen Leader Reports are due to the 4-H Office on Nov. 9th. Be sure to talk to your project leader and get them filled out. You can find the reports on our county website at: http://cesanbernardino.ucdavis.edu/4-H_Program/County_4-H_Forms_-_Documents.htm

Remember, your project leader must approve your plan and sign the report.

FT IRWIN 4-H CLUB

Fort Irwin had their first Food Fiesta last Wednesday, the kids entered lots of food crafts, including monster cupcakes and sugar skulls. The Kindergarteners made pinwheels made from tortillas and lunch meat, and the Jr high kids made monkey bread. The theater group put on a puppet show as well.



STATE NEWS

CAMPING ADVISORY COMMITTEE

4-H Adult volunteers and youth are still needed to serve on the **Camping Advisory Committee**. The application for Statewide Advisory Committees has been attached here. Please share this recruitment opportunity for service with your county volunteers and members that you anticipate having an interest and are willing to serve. Applications need to be signed by county staff before submitting to the State 4-H Office. Recruitment is open until filled at this time. Please contact John Borba, jaborba@ucdavis.edu or Marianne Bird, mbird@ucdavis.edu for additional questions. Click [here](#) for an application.

WESTERN REGIONAL LEADERS' FORUM

The **2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!", is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.

2011 FASHION CHALLENGE

Fashion cents, the 2011 Challenge category will be the \$15 Challenge. Members are challenged to coordinate and purchase an entire outfit for \$15 or less, not counting shoes. Additional categories for 2011 will be Traditional, Consumer Science-Purchased, Recycled, and Wearable Art-Embellished. In CS-Purchased, the limit has been reduced to \$100 for everything showing. The Recycled rules have been rewritten to differentiate between recycling an old garment into a new one and alterations. In WA-Embellished, the rules clarify that the original garment must be purchased. The SFR committee welcomes your participation in planning and presenting this state event. To join the committee, contact Karli Draxler, Youth Chair, at chat2kd@unwiredbb.com. For event information, the Challenge flyer, and 2010 photos, see the SFR website at <http://www.ca4h.org/Programs/Events/SFR/>. The committee is looking for historic photos and stories about 4-H Dress Revue and SFR when it was part of State Leadership Conference. If you have any to share, please contact Sue Moore at samoore@ucdavis.edu.

CALENDARS

November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Election Day	3	4	5 Asilomar Leaders' Training to the 7th	6
7	8	9 County Council 7:00 pm @ 4-H Office	10	11 Veteran's Day	12	13 Food Fiesta @ 4-H Office
14	15	16	17	18	19	20
21	22	23	24	25 Thanksgiving	26	27
28	29	30				

December 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 New Leader Orientation Round Robin Workshops
5	6	7	8	9	10	11 Teen Council @ 4-H office 10:00
12	13	14	15	16	17	18
19	20	21	22	23	24	25 Christmas
26	27	28	29	30	31	

CALENDARS

January 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 Sectional Meeting @ Mt. Sac
9	10	11 County Council 7:00 pm @ 4-H Office	12	13	14 TIC to the 16th	15
16	17 Martin Luther King Jr. Day	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 SET Roll-Out @ Mt. Sac
6	7	8	9	10	11	12
13	14	15	16	17	18 South Section Horse Classic to the 21st	19
20	21	22	23	24	25	26
27	28					
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ADDITIONAL NEWS

To view the 4-H State news, go to <http://www.ca4h.org/4hresource/updates/>

To view the 4-H Science, Engineering, and Technology news, go to <http://www.ca4h.org/SET/updates/index.asp>

To view the National 4-H news, go to <http://4-h.org/news/4hnews.php>

California's Top Commodities

Activity

Circle the words in the word find box from the list below. Words may be forward, backward, or diagonal. Bring complete puzzle to office by November 25, 2010 to be entered into a monthly drawing for a \$10 gift certificate from 4-H Mall.org. Only one winner per month. Winner to be announced in December newsletter.

R	E	B	M	I	T	T	S	M	X	A	N	S	S	E
M	I	R	S	A	B	E	F	T	L	J	U	O	N	Y
Z	U	C	U	E	O	R	L	M	H	M	R	I	O	G
H	K	J	E	T	G	G	O	N	L	C	S	H	M	Y
A	Y	U	A	N	L	N	R	C	J	Y	E	C	E	K
Y	B	M	T	C	D	U	A	A	C	L	R	A	L	C
Y	O	J	T	S	V	P	C	R	P	O	Y	T	S	A
T	E	C	U	T	T	E	L	I	O	E	L	S	T	T
S	E	I	R	R	E	B	W	A	R	T	S	I	U	T
C	H	I	C	K	E	N	S	K	C	O	E	P	N	L
M	I	L	K	C	A	R	R	O	T	S	L	A	L	E
Y	F	Q	I	K	X	P	T	U	P	H	S	F	A	Y
G	H	O	B	K	V	T	I	O	V	W	G	Y	W	M
R	R	H	C	D	O	Q	R	Q	T	O	L	C	T	P
N	Q	E	Q	N	Y	C	Z	N	O	K	B	Y	Q	L

WORD LIST: ALMONDS, BROCCOLI, CARROTS, CATTLE, CHICKENS, COTTON, CROPS, FLORICULTURE, GRAPES, HAY, LEMONS, LETTUCE, MILK, NURSERY, ORANGES, PISTACHIOS, RICE, STRAWBERRIES, TIMBER, TOMATOES, WALNUTS



If accommodations are needed for any meeting or event, please contact the 4-H Office at least two weeks in advance.

PERSONS WITH HEARING DIFFICULTIES
CONTACT CALIFORNIA RELAY SERVICE:
711 OR (800) 735-2929 FOR TTY
IF YOU WANT TO CONTACT HEARING
IMPAIRED INDIVIDUALS CALL:
(800) 735-2922



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