

4-H for Youth
positive relationships • positive development



Making a lasting difference

4-H...more than you ever imagined!



UNIVERSITY of CALIFORNIA
 Division of Agriculture and Natural Resources
 4-H Youth Development Program

www.ca4h.org

UNIVERSITY OF CALIFORNIA



CITIZENSHIP
 LEADERSHIP
 LIFE SKILLS
4-H Youth Development Program

4-H is a community of young people across America who are learning citizenship, leadership, and life skills.

The University of California 4-H Youth Development Program prohibits discrimination or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at http://danr.ucop.edu/aa/danr_nondiscrimination_and_affir.htm)

Direct inquiries regarding the University's nondiscrimination policies to the Affirmative Action Director, University of California, ANR, 1111 Franklin St., 6th Floor, Oakland, CA 94607, (510) 987-0096.

OUR MISSION

The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

"4-H *isn't just something you are a member of – it is a way of life where you meet new friends young and old, where you can help others, and work hard to improve your community!"*

– 4-H member

"4-H *builds self-esteem, and helps the youth to realize that their opinion counts and that they can make a difference."*

– 4-H volunteer



THE 4-H YOUTH DEVELOPMENT PROGRAM

There's a youth development organization in your community that helps young people gain citizenship, leadership, and life skills . . . *It's called 4-H.*

The 4-H Youth Development Program is in every county in California. You will recognize 4-H by its green clover. What you may not know is that 4-H is for everybody, for all young people in California, whether they're in small towns, big cities, or anything in between. Today, 4-H is 130,000 young people learning, achieving, and giving back to their communities, supported by 20,000 caring and enthusiastic adult volunteers.

4-H is a place where young people are given many opportunities to build confidence, learn responsibility, and develop skills that will last them a lifetime. It's a place where youth make friends and share interests, ranging from building robots to raising rabbits, from designing web pages to landscape design. It's a place where youth work together to make a positive difference in their community, and adult volunteers make a powerful difference in the lives of young people.

Get involved in the 4-H community and make a lasting difference! Learn more about 4-H at www.ca4h.org.

"Every day I use what I learned and practiced in 4-H. It was the best activity of my youth and life!" – 4-H alum



LEARNING TOGETHER ...

The 4-H Youth Development Program is open to all youth, ages 9–19. In some counties, additional programs for "primary" members allow youth to join 4-H beginning at age 5!

BUILDING IMPORTANT RELATIONSHIPS ...

With a youth to adult volunteer ratio of 6:1, young people have the opportunity to develop a strong, positive relationship with a caring adult. Research suggests that this may be one of the most important factors for positive youth development.

UNIQUE PARTNERSHIP ...

Because of the unique partnership between USDA, University of California, and county governments, private funds raised for 4-H go directly to support programs for youth.